



Heather Manley, N.D.

### New Patient Intake Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**What are your primary health concerns? List as many as you can, in order of their importance to you.**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

4) \_\_\_\_\_

5) \_\_\_\_\_

**What are your expectations you have for your appointment today?**

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Is this your first visit to a Naturopathic Physician? \_\_\_\_\_



**General Information:**

When during the day is your energy and alertness best? \_\_\_\_\_ Worst? \_\_\_\_\_

What is your blood type? \_\_\_\_\_

Primary interests and hobbies \_\_\_\_\_

Primary form of exercise, if any \_\_\_\_\_

How often? \_\_\_\_\_

**Family History: Do you have a family history of any of the following diseases or conditions? When answering include your parents, siblings and grandparents, if known.**

Anemia\_\_ Cancer\_\_ Heart disease\_\_ Mental Illness\_\_ Alzheimers\_\_

Arthritis\_\_ Diabetes\_\_ Hypertension\_\_ Multiple sclerosis\_\_ Stroke\_\_

Asthma\_\_ Epilepsy\_\_ Kidney Disease\_\_ Parkinsons\_\_ Other\_\_

**Please list any other significant family medical history not listed above:**

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**Are you currently receiving health care? If yes, please provide contact information of the provider, if available.**

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**Please list, by name, any prescription medications you are currently taking, over-the-counter, and all vitamins/supplements/herbs that you regularly take. Include dosage, if possible.**

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_

**Assessing the Areas of Your Life**

Please write a brief description of your satisfaction and goals of the following areas in your life.

Family and Friends:

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Relationships/romance:

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Health:

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Career:

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Financial:

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Personal Growth/Spirituality:

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**Are there any other health concerns that you have which have not been covered in this questionnaire?**

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Signature

Date